

decision to turn back the clock, to a time before industrialized agriculture and the use of pesticides, herbicides, antibiotics, and hormones. The Harrises and their staff worked to create a zero-waste farming model, where animals graze on nutrient-rich soil in wide pastures, with pigs, goats, chickens, turkeys, ducks, and geese able to express their instinctive behaviors.

Livestock are slaughtered in their abattoir, designed by famed animal behaviorist Temple Grandin. As daughter Jodi Harris Benoit tells me, "It's radical, but honestly it's not. [Farming] has gotten so far removed from our ancestral ways." Both online and at their General Store, the farm sells everything from grass-fed ground lamb to iberico pork sausage, along with peach jelly, honey, and barbeque rubs. Crafting cowhide rugs, leather backpacks, and pet chews ensures that no part of an animal is wasted.

It's White Oak Pastures' radically traditional approach that motivates travelers from far and wide to buy tour tickets on any given Saturday morning. "Never did Daddy think that this town of 200 people would become a destination," Benoit says. "Never did we intend on getting into the tourism business."

Nevertheless, the Harrises have become agritourism leaders, single-handedly reviving the nearly defunct town of

Bluffton. Visitors can stay overnight in rental cabins, eat in their restaurant, shop for leather goods, and take a horseback tour. "People want to see it and experience it," Benoit tells me. "People who come to Bluffton are trying to find something to support."

In addition to selling its meats to consumers and chefs, White Oak Pastures works hard to spread its farming philosophy. In 2021, Will Harris founded the Center for Agricultural Resilience (CFAR), a non-profit dedicated to education and training. Executive Director Dr. Carly Redding tells me that CFAR has worked with corporations like General Mills as well as environmental attorneys and industrial farmers looking to convert their own operations.

"We consider ourselves fortunate to engage with such a wide array of passionate individuals, all dedicated to making a positive impact in the realm of regenerative agriculture," says Redding. Having heard the term "regenerative agriculture" a lot, I ask her to define the concept for a layperson like me. First and foremost, Redding clarifies, it's a holistic approach that aims to go beyond mere sustainability.

"It emphasizes the interdependence between soil health, biodiversity, and agricultural practices," she explains. "[It] seeks to regenerate degraded land, improve soil fertility,



enhance ecosystem functioning, and promote the well-being of farmers and communities."

Will Harris will next communicate the White Oak Pastures manifesto in a brashly-titled new book, A Bold Return to Giving A Damn. Taking such a strong stance on land and animal management, inevitably the Harrises encounter their share of naysayers and detractors, who argue it's just not practical for the average farm to adopt these practices. But Redding points out there are economic upsides of not having to buy fertilizers and pesticides and being able to market a premium, grassfed product. Regenerative agriculture has environmental upsides too. "It promotes soil carbon sequestration," Redding points out, "reducing greenhouse gas emissions. It also helps to conserve water resources and reduce soil erosion."

If our tour group is any measure, White Oak Pastures' popularity seems to be growing. Before I leave this farmland, with its expansive The restaurant at White Oak is a big draw for the small town.

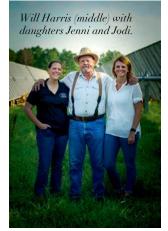
rolling fields, I can't resist purchasing a few souvenirs: organic strawberries, sausages, and a t-shirt that reads "In Soil We Trust." Soap and moisturizer made from animal tallow also wind up in my shopping bag. I tell Benoit that I've never used anything made from tallow. "My grandmother used tallow to moisturize her skin," she says. "People think it's radical, but it's what nature provided."

Driving away after lunch, I can't help but feel inspired. And that's when it hits me. The visitor experience at White Oak Pastures isn't just about farming methods, horseback rides, or grass-fed beef. Ultimately, the Harrises are selling something that no amount of money can buy: a hopeful environmental message.

 $\label{thm:more information} \textbf{More information is available at whiteoakpastures.com.}$

Written by Laura Albritton







Want more? Exclusive photo galleries now available on swgaliving.com!

Bringing Expert, Gynecologic Oncology Care to Southwest Georgia

Dr. Margarett Ellison joins the Edwards Cancer Center from Gynecologic Oncology of Tallahassee, Division of Florida Cancer Specialists. With over **30 years** of experience, she is board certified in gynecologic oncology, gynecology, obstetrics, and hospice and palliative care.

Specializing in:

- · Cervical Cancer
- · Vaginal Cancer
- Fibroids

- · Ovarian Cancer
- · Vulvar Cancer
- · Pelvic Masses

- Uterine Cancer
- Endometriosis







